KEEP IT TO YOURSELF

SAFETY > 4.2 PROTECTING PERSONAL DATA AND PRIVACY

TARGET GROUP	AGE GROUP	PROFICIENCY LEVEL	FORMAT	COPYRIGHT	LANGUAGE
School drop outs, Students (primary school), Students (secondary school)	Children, Teenagers	Level 1	Activity sheet	Creative Commons (BY-SA)	English, French

In this workshop, participants will focus on digital security. The facilitator uses a device to guide participants as to where to look, and what to look for, when customizing their privacy settings. This resource forms part of the “Cyber Heros” learning programme designed for 8 to 14 year olds.

General Objective	Knowledge acquisition
Preparation time for facilitator	less than 1 hour
Competence area	4 - Safety
Time needed to complete activity (for learner)	0 - 1 hour
Resource originally created in	French

WORKSHOP DIRECTIONS

- Customize privacy settings for the online services they use.
- Make decisions about information sharing on the sites and services they use.
- Understand what two-factor and two-step verifications mean and when to use them.

2 Let's talk

Privacy equals security

Online privacy and online security go hand in hand. Most apps and software offer ways to control what information we're sharing and how.

When you're using an app or website, look for an option like "My Account" or "Settings." That's where you'll find the privacy and security

settings that let you decide:

• What information is visible in your profile.

• Who can view your posts, photos, videos, or other content that you

share.

Learning to use these settings to protect your privacy, and remembering to keep them updated, will help you manage your privacy, security, and safety. It's important to know that your parents or guardian should always be making these decisions with you.

3 Activity

Review options

I have my school device hooked up to the projection screen. Let's navigate to the settings page of this app, where we can see what our

options are. Talk me through (encourage your students to help you)…

• Changing your password

• Going through your sharing, location, and other settings and figuring out which ones are best for you.

• Getting alerts if someone tries to log in to your account from an unknown device.

• Making your online profile – including photos and videos – visible only to the family and friends you

choose.
• Enabling two-factor or two-step verification.
• Setting up recovery information in case you get locked out of your account.

Which privacy and security settings are right for you is something to discuss with your parent or guardian. But remember, the most important security setting is in your brain – you make the key decisions about how much of your personal info to share, when, and with whom.

4 Takeaway

Choosing a strong, unique password for each of your important accounts is a good first step. Now you need to remember them and also keep them safe. Writing down your passwords isn't necessarily a bad idea. But if you do this, don't leave a page with your passwords in plain sight, such as on your computer or desk. Safeguard your list, and protect yourself by hiding it somewhere safe.